

How does the Mental Health model work?

Long term conditions, including frailty, are health conditions that can't at present be cured but can be controlled by medication and other treatment or therapies.



What does each levels means?

Offer 0 Promoting positive mental and emotional wellbeing	Building and supporting inclusive communities, understanding what makes people ill, tackling social issues leading to health inequalities eg life expectancy.	Thriving
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Offer 1 Emotional Wellbeing Support	Community based support including social and leisure activities that promote emotional wellbeing, often provided by people who have experience of mental health issues.	Coping
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Offer 2 Timely support and early intervention	Improving access to psychological (talking) therapies for anxiety and depression including the use of digital technology. Supporting people with long term conditions and symptom management to meet physical and mental health needs.	Getting help
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Offer 3 Specialist Therapies Service	Additional support for people with more complex needs eg experience of previous trauma, who would benefit from specialist talking therapies.	Getting help
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Offer 4 Community Services	Specialist recovery-focused multi-disciplinary mental health support for people with higher level mental health needs including psychosis, severe depression and personality disorders.	Getting more help
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Offer 5 Acute/Urgent Care including Home Treatment and inpatient beds	Crisis and urgent care support to avoid admissions to hospital eg Crisis Cafes and Home Treatment Teams. Inpatient beds for those who require support in a hospital setting.	Risk Support
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Where can I find out more or give my views?

If you would like to know more you can read the full consultation document on our website (details are below).

To give us your views, you can:

- Our consultation runs from 16 January to 12 April 2020.
- fill out our questionnaire which you can find at your doctor's surgery
- write to us for free, you don't need a stamp – write on your envelope **FREEPOST SOMERSET MH CONSULTATION**
- email us - somccg.fitformyfuture@nhs.net
- call us - 01935 384119

Or you can come to one of our drop-ins, all the dates and places are on our website

www.fitformyfuture.org.uk

If you would like to see the full consultation document visit our website or contact us by email or phone.

Full Consultation Booklet

Official feedback questionnaire



Want to find out more? visit:

fitformyfuture.org.uk



Consultation Summary

January 2020

Improving mental health services for adults in Somerset



Our proposals for changing acute inpatient mental health services for adults of working age.

fitformyfuture.org.uk

What this document is about

We are running this consultation to gather feedback from local people about the future locations of acute mental health beds for people of working age. We would like to hear what you think about our ideas.

We also want to tell you about the new and enhanced community-based services which will be in place as soon as we have recruited the people to run them.

Our vision for mental health services

Working with a number of mental health charities and medical professionals we have designed a new mental health service model to support people better in the early stages of their illness or condition. Wherever we can, we want to help people stay well, and get treatment as early as possible when they need it.

There are some real changes:

- We'll work closely with each individual to develop the right 'wrap-around' support to meet their mental, emotional and physical healthcare needs.
- Navigators will help people who don't know where to go to find the right place and the right kind of help.
- That means dissolving the boundaries between different services and joining up health and social care, GP, community and more acute hospital-based support with peer support, voluntary and community organisations.
- More support will be rooted in community neighbourhood settings, closer to home and working alongside each person's own network of support.

People have told us that they want people with a mental health condition to have the same kind of life expectancy as people with physical health conditions. We agree.

Over the next three years we will be investing £17,046,388 on transforming mental health services for adults, children and young people. We want to make sure that people can reach a whole system of support through just one referral, and services that are accessible every step of the way.

People in Somerset receiving mental health support

This diagram shows the number of people in our population having treatment of one sort or another for a mental health condition at any one time.



Who are we?

We are Somerset Clinical Commissioning Group. We are responsible for planning and buying health services to meet the needs of people in Somerset, now and in the future.

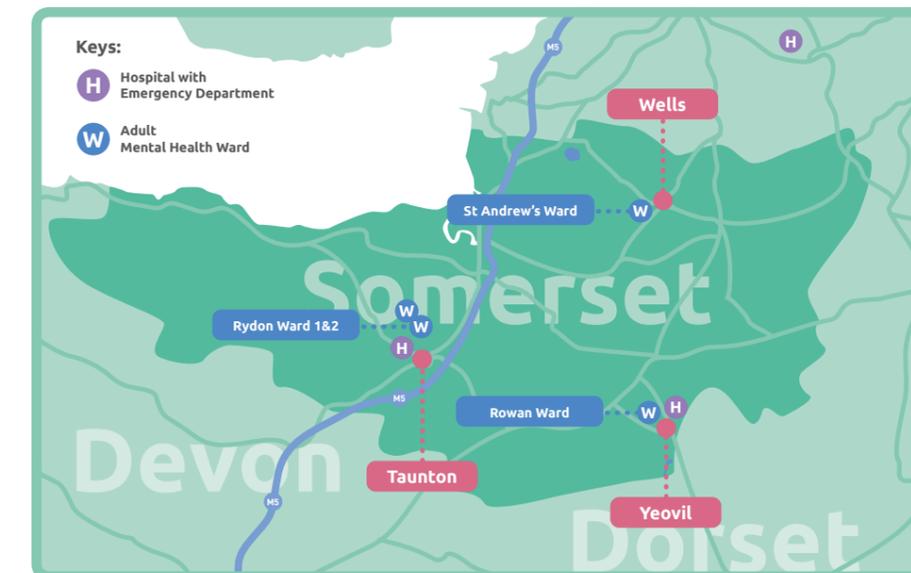
We have worked closely with Somerset County Council which is responsible for commissioning adult care and support services, and Somerset Partnership, which is responsible for providing mental health services in Somerset. Together we have come up with ideas to improve mental health inpatient services in Somerset.

What changes are being considered?

We are considering changing the location of the acute mental health ward at Wells for people aged between 18-65 years and moving it to Yeovil.

An acute mental health ward is where patients are admitted to provide them with the level of treatment and support they need. This might be because they need further assessment, they need to be kept safe or they need more intensive support than can be provided at home.

We are thinking about changing the location of the acute mental health ward in Wells because we have concerns about patient and staff safety. Two of our four wards for people aged between 18-65 years are located in Taunton with one ward in both Yeovil and Wells. These two are 'stand-alone' wards, which means they are not close to other wards, and one of them is also a long way from the nearest Emergency Department.



Key risks

There are three key risks of having stand-alone wards in their current locations in Somerset:



Lack of support from staff in a nearby ward for staff at a time of crisis.

When two wards are close to each other, staff from one ward can provide support to the other whenever there is a problem. When there is only one ward, staff have no immediate back-up and have to resort to calling the police if they have concerns about the safety of patients or staff. This is the case in Yeovil and Wells.



Distance from an Emergency Department when patients need emergency healthcare support.

When a ward is a long way from an Emergency Department there are sometimes problems in getting emergency help for people when they need it urgently. This is a risk when patients attempt suicide or self-harm or assault others. Wells is 22 miles away from the nearest Emergency Department and it can take 45 minutes to reach the hospital by ambulance.



Medical cover out of hours is limited, meaning that medical support is not always available when needed.

Medical cover means support from Doctors and Consultants, who are able to work in ways that other staff cannot, for example, prescribing certain medications. Out of hours medical cover is inconsistent across the three sites. It is available 24 hours a day at the Taunton and Yeovil sites, but this is not the case in Wells, where out of hours medical cover is provided by a GP or an on-call psychiatrist consultant by phone.



We have been reviewing options to overcome these challenges. Our preferred option, which we believe is the best way forward, would be to move the current St Andrew's Ward in Wells to Yeovil. We want to know what you think.

Is this about saving money or closing beds?

No. These changes will not mean any fewer mental health beds in Somerset and they are not intended to save money. They are about using our money and staff in better ways, to make a better, safer service.